University of Michigan Health Plan BENEFIT COVERAGE POLICY

Title: BCP-24 Gender Affirmation Surgery

Effective Date: 01/01/2025

Important Information - Please Read Before Using This Policy

The following coverage policy applies to health benefit plans administered by UM Health Plan and may not be covered by all UM Health Plan plans. Please refer to the member's benefit document for specific coverage information. If there is a difference between this general information and the member's benefit document, the member's benefit document will be used to determine coverage. For example, a member's benefit document may contain a specific exclusion related to a topic addressed in a coverage policy.

Coverage determinations for individual requests require consideration of:

- The terms of the applicable benefit document in effect on the date of service.
- Any applicable laws and regulations.
- Any relevant collateral source materials including coverage policies.
- The specific facts of the particular situation.

Contact UM Health Plan Customer Service to discuss plan benefits more specifically.

1.0 Policy:

The Health Plan covers gender affirmation surgery as medically necessary when InterQual[®] criteria has been met for all products that offer this benefit, except:

- L0002184, gender affirmation surgery criteria listed in Section 5.0.
- See Section 5.0 for products that do not offer coverage for gender affirmation surgery

For all non-network covered services to be paid at the network benefit level except for emergency/urgent services, prior approval is required.

Refer to member's benefit coverage document for specific benefit description, guidelines, coverage, and exclusions.

Unlisted codes are subject to review.

2.0 Background:

Gender Dysphoria (GD) is defined by the Diagnostic and Statistical Manual of Mental Disorders - Fifth Edition, DSM-5[™] as a condition characterized by the "distress that may accompany the incongruence between one's experienced or expressed gender and one's assigned gender" also known as "natal gender", which is the individual's sex determined at birth. Individuals with gender dysphoria experience confusion in their biological gender during their childhood, adolescence or adulthood. These individuals demonstrate clinically significant distress or impairment in social, occupational, or other important areas of functioning. (CMS Billing and coding: Gender reassignment services for gender dysphoria 2023)

Gender affirmation surgery (GAS) is a treatment option for gender dysphoria and is often the final stage of transition. GAS is not a single procedure but part of a complex process involving multiple medical, psychiatric, and surgical modalities working in conjunction with each other to assist the GAS candidate in achieving successful outcomes. Before undertaking GAS, candidates must undergo important medical and psychological evaluations to confirm that surgery is the most appropriate treatment choice. For individuals who have a formal diagnosis of gender dysphoria, various gender affirming treatment options are available.

After working with a transgender care team, the surgical plan is tailored to the individual's needs to relieve gender dysphoria. Treatment standardization in this population is not possible, as clinical presentations and symptoms vary significantly. A specialized, multidisciplinary transgender care team may include practitioners in primary care, behavioral health, speech and language therapy, dermatology, endocrinology, urology, gynecology, and plastic surgery. Collaborative care and joint participation in goal setting, along with regular follow-up, are crucial. (InterQual, 2024)

Gender affirmation surgery is intended to be a permanent change, establishing congruency between an individual's gender identity and physical appearance and is not easily reversible. Therefore, a careful and accurate diagnosis is essential for treatment and can be made only as part of a long-term diagnostic process involving a multidisciplinary specialty approach. A patient's self-assessment and desire for sex confirmation cannot be viewed as reliable indicators of gender dysphoria.

3.0 Clinical Determination Guidelines:

- A. Gender Affirmation Surgery is covered when InterQual® criteria is met for all products that offer this benefit; except:
 - 1. L0002184, gender affirmation surgery criteria listed in Section 5.0.
 - 2. See Section 5.0 for products that do not offer coverage for gender affirmation surgery
- B. Any surgeon who performs gender affirmation surgery must be any of the following board certified or board qualified:
 - 1. Urologist
 - 2. Gynecologist
 - 3. Plastic surgeon
 - 4. Cosmetic surgeon
 - 5. General surgeon
- C. Cosmetic procedures can be performed as part of gender affirmation surgery. These procedures are aimed at primarily improving a person's appearance, are performed to assist with improving culturally appropriate male or female appearance or characteristics and therefore are considered cosmetic and/or not medically necessary. Procedures denoted below with "**" may be covered by benefit plans, see code table 2 for L0002184. This is not an all-inclusive list, check benefit plan language.
 - 1. Abdominoplasty.
 - 2. **Blepharoplasty, brow reduction
 - 3. Brow Lift
 - 4. **Breast enlargement procedures, including augmentation mammoplasty, implants, and silicone injections of the breast.
 - 5. Calf implants.
 - 6. **Chin augmentation (reshaping or enhancing the size of the chin).
 - 7. Chin/nose/cheek/malar implants.
 - 8. Collagen injections.
 - 9. **Electrolysis.
 - 10. **Forehead lift.
 - 11. Fat grafting
 - 12. Gluteal and hip augmentation.
 - 13. **Hair removal.
 - 14. Hair transplantation.

- 15. Insertion of penile prosthesis (non-inflatable/inflatable).
- 16. Insertion of testicular expanders.
- 17. **Jaw reduction or augmentation/facial bone reduction.
- 18. Laryngoplasty.
- 19. **Lip reduction/enhancement.
- 20. Liposuction/lipofilling.
- 21. Mastopexy.
- 22. Otoplasty.
- 23. **Nipple/areola reconstruction.
- 24. Pectoral implants.
- 25. Penile prosthesis.
- 26. Removal of redundant skin.
- 27. Replacement of tissue expander with permanent prosthesis testicular insertion.
- 28. **Rhinoplasty.
- 29. Rhytidectomy (face lift).
- 30. Scrotoplasty.
- 31. Skin resurfacing (e.g., dermabrasion, chemical peels).
- 32. Testicular prosthesis.
- 33. **Trachea (Adam's apple) shave/reduction thyroid chondroplasty.
- 34. Voice modification surgery.
- 35. **Voice therapy/voice lessons.
- D. For fertility preservation services refer to BCP-72 Infertility Services.

4.0 Coding:

Prior Approval Legend: Y = All lines of business; N = None required; 1 = HMO/POS; 2 = EPO/PPO; 3 = ASO group L0000264; 4 = ASO group L0001269 Non-Union & Union; 5 = ASO group L0001631; 6 = ASO group L0002011; 7 = N/A; 8 = ASO group L0002184; 9 = ASO group L0002237; 10 = ASO group L0002193.

	TABLE 1 COVERED CODES for ALL LOB except L0002184 *see table 2 for specific coverage status for L0002184				
Code	CodeDescriptionPrior ApprovalBenefit Plan Cost Share Reference				
19318	Breast reduction	Y	Professional Fees for Medical and Surgical Services		
53430	Urethroplasty, reconstruction of female urethra	Y	Professional Fees for Medical and Surgical Services		
54125	Amputation of penis; complete	Y	Professional Fees for Medical and Surgical Services		

	TABLE 1 COVERED CODES for ALL LOB except L0002184 *see table 2 for specific coverage status for L0002184		
Code	Description	Prior Approval	Benefit Plan Cost Share Reference
54520	Orchiectomy, simple (including subcapsular), with or without testicular prosthesis, scrotal or inguinal approach	Y	Professional Fees for Medical and Surgical Services
54690	Laparoscopy, surgical; orchiectomy	Y	Professional Fees for Medical and Surgical Services
55970	Intersex surgery; male to female	Y	Professional Fees for Medical and Surgical Services
55980	Intersex surgery; female to male	Y	Professional Fees for Medical and Surgical Services
56805	Clitoroplasty for intersex state	Y	Professional Fees for Medical and Surgical Services
57335	Vaginoplasty for intersex state	Y	Professional Fees for Medical and Surgical Services
58150	Total abdominal hysterectomy (corpus and cervix), with or without removal of tube(s), with or without removal of ovary(s)	Y	Professional Fees for Medical and Surgical Services
58180	Supracervical abdominal hysterectomy (subtotal hysterectomy), with or without removal of tube(s), with or without removal of ovary(s)	Y	Professional Fees for Medical and Surgical Services
58260	Vaginal hysterectomy, for uterus 250 g or less	Y	Professional Fees for Medical and Surgical Services
58262	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or ovary(s)Y	Y	Professional Fees for Medical and Surgical Services
58275	Vaginal hysterectomy, with total or partial vaginectomy	Y	Professional Fees for Medical and Surgical Services
58290	Vaginal hysterectomy, for uterus greater than 250 g	Y	Professional Fees for Medical and Surgical Services
58291	Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y	Professional Fees for Medical and Surgical Services
58541	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less;	Y	Professional Fees for Medical and Surgical Services

TABLE 1 COVERED CODES for ALL LOB except L0002184

*see table 2 for specific coverage status for L0002184

Code	Description	Prior Approval	Benefit Plan Cost Share Reference
58542	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	Y	Professional Fees for Medical and Surgical Services
58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g	Y	Professional Fees for Medical and Surgical Services
58544	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y	Professional Fees for Medical and Surgical Services
58550	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250g or less	Y	Professional Fees for Medical and Surgical Services
58552	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	Y	Professional Fees for Medical and Surgical Services
58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250g	Y	Professional Fees for Medical and Surgical Services
58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y	Professional Fees for Medical and Surgical Services
58570	Laparoscopy, surgical, with total hysterectomy, for uterus 250g or less	Y	Professional Fees for Medical and Surgical Services
58571	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	Y	Professional Fees for Medical and Surgical Services
58572	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250g	Y	Professional Fees for Medical and Surgical Services
58573	Laparoscopy, surgical, with total hysterectomy, fur uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y	Professional Fees for Medical and Surgical Services
58661	Laparoscopy, surgical; with removal of adnexal structure (partial or total oophorectomy and/or salpingectomy)	Y	Professional Fees for Medical and Surgical Services
58999	Unlisted procedure, female genital system (nonobstetrical) * code is appropriate to report metoidioplasty with phalloplasty	Y	Professional Fees for Medical and Surgical Services

TABLE 2 COVERED CODES for L0002184 **Benefit Plan Cost Share** Prior Description Code Approval Reference Tattooing, intradermal introduction of Y Professional Fees for insoluble opaque pigments to correct color See 11920 Medical and Surgical defects of skin, including section 5.0 Services D. below micropigmentation; 6.0 sq cm or less Tattooing, intradermal introduction of Υ Professional Fees for insoluble opaque pigments to correct color See 11921 Medical and Surgical defects of skin, including section 5.0 Services D. below micropigmentation; 6.1 to 20.0 sq cm Tattooing, intradermal introduction of insoluble opaque pigments to correct color Υ Professional Fees for defects of skin, including See 11922 Medical and Surgical micropigmentation; each additional 20.0 sq section 5.0 Services cm, or part thereof (List separately in D. below addition to code for primary procedure) Y Professional Fees for See 15820 Blepharoplasty, lower eyelid; Medical and Surgical section 5.0 Services E. below Y Professional Fees for Blepharoplasty, lower lid; with extensive See Medical and Surgical 15821 herniated fat pad section 5.0 Services E. below Y Professional Fees for See 15822 Blepharoplasty, upper eyelid; Medical and Surgical section 5.0 Services E. below Professional Fees for Blepharoplasty, upper eyelid; with See 15823 Medical and Surgical excessive skin weighting down lid section 5.0 Services E. below Y Professional Fees for See Medical and Surgical 17380 Electrolysis, epilation, each 30 min. section 5.0 Services E. below Υ Unlisted procedure, skin, mucous Professional Fees for See membrane, and subcutaneous tissue 17999 Medical and Surgical section 5.0 Note: code used for Laser Hair Removal Services D. below Y Professional Fees for Breast reduction See Medical and Surgical 19318 section 5.0 Services D. below Y Professional Fees for See Medical and Surgical 19325 Breast augmentation with implant section 5.0 Services D. below Y Professional Fees for <u>See</u> 19350 Nipple/areola reconstruction Medical and Surgical section 5.0 Services D. below Y Professional Fees for Genioplasty; augmentation (autograft, See 21120 Medical and Surgical allograft, prosthetic material) section 5.0 Services E. below

	TABLE 2 COVERED CODES for L0002184		
Code	Description	Prior Approval	Benefit Plan Cost Share Reference
21121	Genioplasty; sliding osteotomy, single piece	Y <u>See</u> section 5.0 E. below	Professional Fees for Medical and Surgical Services
21122	Genioplasty; sliding osteotomies, 2 or more osteotomies (eg, wedge excision or bone wedge reversal for asymmetrical chin)	Y <u>See</u> section 5.0 E. below	Professional Fees for Medical and Surgical Services
21123	Genioplasty; sliding, augmentation with interpositional bone grafts (includes obtaining autografts)	Y See section 5.0 E. below	Professional Fees for Medical and Surgical Services
21125	Augmentation, mandibular body or angle; prosthetic material	Y <u>See</u> section 5.0 E. below	Professional Fees for Medical and Surgical Services
21127	Augmentation, mandibular body or angle; with bone graft, only or interpositional (includes obtaining autograft)	Y <u>See</u> section 5.0 E. below	Professional Fees for Medical and Surgical Services
21137	Reduction forehead; contouring only	Y <u>See</u> <u>section 5.0</u> <u>E. below</u>	Professional Fees for Medical and Surgical Services
21138	Reduction forehead; contouring and application of prosthetic material or bone graft (includes obtaining autograft)	Y <u>See</u> <u>section 5.0</u> <u>E. below</u>	Professional Fees for Medical and Surgical Services
21139	Reduction forehead; contouring and setback of anterior frontal sinus wall	Y <u>See</u> <u>section 5.0</u> <u>E. below</u>	Professional Fees for Medical and Surgical Services
21209	Osteoplasty, facial bones; reduction	Y <u>See</u> <u>section 5.0</u> <u>E. below</u>	Professional Fees for Medical and Surgical Services
30400	Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip	Y <u>See</u> <u>section 5.0</u> <u>E. below</u>	Professional Fees for Medical and Surgical Services
30410	Rhinoplasty, primary; complete, external parts including bone pyramid, lateral and alar cartilages, and/or elevation of nasal tip	Y <u>See</u> section 5.0 E. below	Professional Fees for Medical and Surgical Services
30420	Rhinoplasty, primary; including major septal repair	Y See section 5.0 E. below	Professional Fees for Medical and Surgical Services
31599	Unlisted procedure, larynx Note: code used for Laryngoplasty	Y See section 5.0 <u>E. below</u>	Professional Fees for Medical and Surgical Services
31899	Unlisted procedure, trachea, bronchi Note: code used for Chondroplasty	Y <u>See</u> section 5.0	Professional Fees for Medical and Surgical Services

TABLE 2 COVERED CODES for L0002184

Code	Description	Prior Approval	Benefit Plan Cost Share Reference
		E. below	
40799	Unlisted procedure, lips Note: code used for lip lift via alar base excision (lip shortening)	Y <u>See</u> <u>section 5.0</u> <u>E. below</u>	Professional Fees for Medical and Surgical Services
53430	Urethroplasty, reconstruction of female urethra	Y <u>See</u> section 5.0 D. below	Professional Fees for Medical and Surgical Services
54125	Amputation of penis; complete	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
54520	Orchiectomy, simple (including subcapsular), with or without testicular prosthesis, scrotal or inguinal approach	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
54690	Laparoscopy, surgical; orchiectomy	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
55970	Intersex surgery; male to female	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
55980	Intersex surgery; female to male	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
56805	Clitoroplasty for intersex state	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
57335	Vaginoplasty for intersex state	Y <u>See</u> section 5.0 D. below	Professional Fees for Medical and Surgical Services
58150	Total abdominal hysterectomy (corpus and cervix), with or without removal of tube(s), with or without removal of ovary(s);	Y <u>See</u> section 5.0 D. below	Professional Fees for Medical and Surgical Services
58180	Supracervical abdominal hysterectomy (subtotal hysterectomy), with or without removal of tube(s), with or without removal of ovary(s)	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58260	Vaginal hysterectomy, for uterus 250 g or less	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58262	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or ovary(s)	Y See section 5.0 D. below	Professional Fees for Medical and Surgical Services

	TABLE 2 COVERED CODES for L0002184		
Code	Description	Prior Approval	Benefit Plan Cost Share Reference
58275	Vaginal hysterectomy, with total or partial vaginectomy	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58290	Vaginal hysterectomy, for uterus greater than 250 g	Y <u>See</u> section 5.0 D. below	Professional Fees for Medical and Surgical Services
58291	Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y See section 5.0 D. below	Professional Fees for Medical and Surgical Services
58541	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less;	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58542	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58544	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y <u>See</u> section 5.0 D. below	Professional Fees for Medical and Surgical Services
58550	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250g or less	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58552	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250g	Y <u>See</u> section 5.0 D. below	Professional Fees for Medical and Surgical Services
58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y <u>See</u> <u>section 5.0</u> <u>D. below</u>	Professional Fees for Medical and Surgical Services
58570	Laparoscopy, surgical, with total hysterectomy, for uterus 250g or less	Y See section 5.0 D. below	Professional Fees for Medical and Surgical Services
58571	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	Y See section 5.0 D. below	Professional Fees for Medical and Surgical Services
58572	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250g	Y See section 5.0	Professional Fees for Medical and Surgical Services

TABLE 2 COVERED CODES for L0002184 **Benefit Plan Cost Share** Prior Description Code Reference Approval D. below Y Laparoscopy, surgical, with total Professional Fees for See hysterectomy, fur uterus greater than 250 g; 58573 Medical and Surgical section 5.0 with removal of tube(s) and/or ovary(s) Services D. below Y Laparoscopy, surgical; with removal of Professional Fees for adnexal structure (partial or total See 58661 Medical and Surgical section 5.0 oophorectomy and/or salpingectomv) Services D. below Unlisted procedure, female genital system Υ (nonobstetrical) Professional Fees for See 58999 Medical and Surgical * code is appropriate to report section 5.0 Services metoidioplasty with phalloplasty D. below Υ Treatment of speech, language, voice, Professional Fees for communication, and/or auditory processing See 92507 Medical and Surgical section 5.0 disorder; individual Services E. below

	NON-COVERED CODES:		
Cosmetic	Cosmetic when performed as a component of gender affirmation surgery, even when coverage for gender affirmation surgery is approved		
Code	Description	Benefit Plan Reference/ Reason	
11920	Tattooing, intradermal introduction of insoluble opaque pigments to correct color defects of skin, including micropigmentation; 6.0 sq cm or less	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.	
11921	Tattooing, intradermal introduction of insoluble opaque pigments to correct color defects of skin, including micropigmentation; 6.1 to 20.0 sq cm	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.	
11922	Tattooing, intradermal introduction of insoluble opaque pigments to correct color defects of skin, including micropigmentation; each additional 20.0 sq cm, or part thereof (List separately in addition to code for primary procedure)	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.	
11950	Subcutaneous injection of filling material (e.g., collagen); 1 cc or less	Specific exclusion for cosmetic procedures	
11951	Subcutaneous injection of filling material (e.g., collagen); 1.1 to 5.0 cc	Specific exclusion for cosmetic procedures	
11952	Subcutaneous injection of filling material (e.g., collagen); 5.1 to 10.0 cc	Specific exclusion for cosmetic procedures	
11954	Subcutaneous injection of filling material (e.g., collagen); over 10.0 cc	Specific exclusion for cosmetic procedures	
11970	Replacement of tissue expander with permanent	Specific exclusion as	

NON-COVERED CODES:

NON-COVERED CODES: Cosmetic when performed as a component of gender affirmation surgery, even when covera for gender affirmation surgery is approved		
Code	Description	Benefit Plan Reference/ Reason
	prosthesis	cosmetic procedures for gender affirmation purposes
11971	Removal of tissue expander(s) without insertion of prosthesis	Specific exclusion as cosmetic procedures for gender affirmation purposes
15770	Graft; derma-fat-fascia	Specific exclusion as cosmetic procedures for gender affirmation purposes
15771	Grafting of autologous fat harvested by liposuction technique to trunk, breasts, scalp, arms, and/or legs; 50 cc or less injectate	Specific exclusion as cosmetic procedures for gender affirmation purposes
15772	Grafting of autologous fat harvested by liposuction technique to trunk, breasts, scalp, arms, and/or legs; each additional 50 cc injectate, or part thereof (List separately in addition to code for primary procedure)	Specific exclusion as cosmetic procedures for gender affirmation purposes
15773	Grafting of autologous fat harvested by liposuction technique to face, eyelids, mouth, neck, ears, orbits, genitalia, hands, and/or feet; 25 cc or less injectate	Specific exclusion as cosmetic procedures for gender affirmation purposes
15774	Grafting of autologous fat harvested by liposuction technique to face, eyelids, mouth, neck, ears, orbits, genitalia, hands, and/or feet; each additional 25 cc injectate, or part thereof (List separately in addition to code for primary procedure)	Specific exclusion as cosmetic procedures for gender affirmation purposes
15775	Punch graft for hair transplant; 1 to 15 punch grafts	Specific exclusion as cosmetic procedures for gender affirmation purposes
15776	Punch graft for hair transplant; more than 15 punch grafts	Specific exclusion for cosmetic procedures
15780	Dermabrasion; total face (e.g., for acne scarring, fine wrinkling, rhytids, general keratosis)	Specific exclusion for cosmetic procedures
15781	Dermabrasion; segmental, face	Specific exclusion for cosmetic procedures
15782	Dermabrasion; regional, other than face	Specific exclusion for cosmetic procedures
15783	Dermabrasion; superficial, any site (e.g., tattoo removal)	Specific exclusion for cosmetic procedures
15786	Abrasion; single lesion (e.g., keratosis, scar)	Specific exclusion for cosmetic procedures
15787	Abrasion; each additional 4 lesions or less (List separately in addition to code for primary procedure)	Specific exclusion for cosmetic procedures
15788	Chemical peel, facial; epidermal	Specific exclusion for cosmetic procedures
15789	Chemical peel, facial; dermal	Specific exclusion for

	NON-COVERED CODES:		
Cosmetic	Cosmetic when performed as a component of gender affirmation surgery, even when coverage for gender affirmation surgery is approved		
Code	Description	Benefit Plan Reference/ Reason	
		cosmetic procedures	
15792	Chemical peel, nonfacial; epidermal	Specific exclusion for cosmetic procedures	
15793	Chemical peel, nonfacial; dermal	Specific exclusion for cosmetic procedures	
15820	Blepharoplasty, lower eyelid;	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.	
15821	Blepharoplasty, lower lid; with extensive herniated fat pad	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.	
15822	Blepharoplasty, upper eyelid;	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.	
15823	Blepharoplasty, upper eyelid; with excessive skin weighting down lid	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.	
15824	Rhytidectomy, forehead	Specific exclusion for cosmetic procedures	
15825	Rhytidectomy; neck with platysmal tightening (platysmal flap, P-flap)	Specific exclusion for cosmetic procedures	
15826	Rhytidectomy; glabellar frown lines	Specific exclusion for cosmetic procedures	
15828	Rhytidectomy; cheek, chin, and neck	Specific exclusion for cosmetic procedures	
15829	Rhytidectomy; superficial musculoaponeurotic system (SMAS) flap	Specific exclusion for cosmetic procedures	
15830	Excision, excessive skin and subcutaneous tissue (includes lipectomy); abdomen, infraumbilical panniculectomy	Specific exclusion as cosmetic procedures for gender affirmation purposes	
15832	Excision, excessive skin and subcutaneous tissue (includes lipectomy); thigh	Specific exclusion for cosmetic procedures	
15833	Excision, excessive skin and subcutaneous tissue (includes lipectomy); leg	Specific exclusion for cosmetic procedures	
15834	Excision, excessive skin and subcutaneous tissue (includes lipectomy); hip	Specific exclusion for cosmetic procedures	
15835	Excision, excessive skin and subcutaneous tissue (includes lipectomy); buttock	Specific exclusion for	

NON-COVERED CODES:

Cosmetic when performed as a component of gender affirmation surgery, even when coverage for gender affirmation surgery is approved

Code	Description	Benefit Plan Reference/ Reason
		cosmetic procedures
15836	Excision, excessive skin and subcutaneous tissue (includes lipectomy); arm	Specific exclusion for cosmetic procedures
15837	Excision, excessive skin and subcutaneous tissue (includes lipectomy); forearm or hand	Specific exclusion for cosmetic procedures
15838	Excision, excessive skin and subcutaneous tissue (includes lipectomy); submental fat pad	Specific exclusion for cosmetic procedures
15839	Excision, excessive skin and subcutaneous tissue (includes lipectomy); other area	Specific exclusion for cosmetic procedures
15847	Excision, excessive skin and subcutaneous tissue (includes lipectomy); abdomen (eg, abdominoplasty) (includes umbilical transposition and fascial plication) (List separately in addition to code for primary procedure)	Specific exclusion as cosmetic procedures for gender affirmation purposes
15876	Suction assisted lipectomy; head and neck	Specific exclusion for cosmetic procedures
15877	Suction assisted lipectomy; trunk	Specific exclusion for cosmetic procedures
15878	Suction assisted lipectomy; upper extremity	Specific exclusion for cosmetic procedures
15879	Suction assisted lipectomy; lower extremity	Specific exclusion for cosmetic procedures
17380	Electrolysis, epilation, each 30 min.	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.
17999	Unlisted procedure, skin, mucous membrane, and subcutaneous tissue. Note: Code used for laser hair removal	Specific exclusion as cosmetic procedures for gender affirmation purposes, except L0002184.
19303	Mastectomy, simple complete	Not appropriate for gender affirmation services
		Code 19303 is inappropriate for this procedure as code 19303 represents a mastectomy performed for either treatment or prevention of breast cancer.
19316	Mastopexy	Specific exclusion as cosmetic procedures for gender affirmation purposes
19325	Mammoplasty, augmentation; with prosthetic implant	Specific exclusion as cosmetic procedures for gender affirmation purposes,

Cosmetic	NON-COVERED CODES: Cosmetic when performed as a component of gender affirmation surgery, even when coverage		
Code	for gender affirmation surgery is approve Description	ed Benefit Plan Reference/ Reason	
		except L0002184.	
19340	Immediate insertion of breast prosthesis following mastopexy, mastectomy or in reconstruction	Specific exclusion as cosmetic procedures for gender affirmation purposes	
19342	Delayed insertion of breast prosthesis following mastopexy	Specific exclusion as cosmetic procedures for gender affirmation purposes	
19350	Nipple/areola reconstruction	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21120	Genioplasty; augmentation (autograft, allograft, prosthetic material)	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21121	Genioplasty; sliding osteotomy, single piece	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21122	Genioplasty; sliding osteotomies, 2 or more osteotomies (eg, wedge excision or bone wedge reversal for asymmetrical chin)	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21123	Genioplasty; sliding, augmentation with interpositional bone grafts (includes obtaining autografts)	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21125	Augmentation, mandibular body or angle; prosthetic material	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21127	Augmentation, mandibular body or angle; with bone graft, only or interpositional (includes obtaining autograft)	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21137	Reduction forehead; contouring only	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21138	Reduction forehead; contouring and application of prosthetic material or bone graft (includes obtaining autograft)	Specific exclusion as cosmetic procedures for gender affirmation purposes except L0002184.	
21139	Reduction forehead; contouring and setback of anterior	Specific exclusion as	

NON-COVERED CODES:

Code	Description	Benefit Plan Reference Reason
	frontal sinus wall	cosmetic procedures for gender affirmation purpose except L0002184.
21209	Osteoplasty, facial bones; reduction	Specific exclusion as cosmetic procedures for gender affirmation purpose except L0002184.
21210	Graft, bone; nasal, maxillary or malar areas (includes obtaining graft)	Specific exclusion as cosmetic procedures for gender affirmation purpose
21270	Malar augmentation, prosthetic material	Specific exclusion for cosmetic procedures
30400	Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip	Specific exclusion as cosmetic procedures for gender affirmation purpose except L0002184.
30410	Rhinoplasty, primary; complete, external parts including bone pyramid, lateral and alar cartilages, and/or elevation of nasal tip	Specific exclusion as cosmetic procedures for gender affirmation purpose except L0002184.
30420	Rhinoplasty, primary; including major septal repair	Specific exclusion as cosmetic procedures for gender affirmation purpose except L0002184.
30430	Rhinoplasty, secondary; minor revision (small amount of nasal tip work)	Specific exclusion as cosmetic procedures for gender affirmation purpose
30435	Rhinoplasty, secondary; intermediate revision (bony work with osteotomies)	Specific exclusion as cosmetic procedures for gender affirmation purpose
30450	Rhinoplasty, secondary; major revision (nasal tip work and osteotomies)	Specific exclusion as cosmetic procedures for gender affirmation purpose
31599	Unlisted procedure, larynx Note: code used for Laryngoplasty	Specific exclusion as cosmetic procedures for gender affirmation purpose except L0002184.
31899	Unlisted procedure, trachea, bronchi Note: code used for Chondroplasty	Specific exclusion as cosmetic procedures for gender affirmation purpose except L0002184.
40510	Excision of lip; transverse wedge excision with primary closure	Specific exclusion as cosmetic procedure

NON-COVERED CODES: Cosmetic when performed as a component of gender affirmation surgery, even when coverage for gender affirmation surgery is approved **Benefit Plan Reference/** Code Description Reason 40650 Specific exclusion as Repair lip, full thickness; vermilion only cosmetic procedure Specific exclusion as Unlisted procedure, lips cosmetic procedures for 40799 Note: code used for lip lift via alar base excision (lip gender affirmation purposes, shortening) except L0002184. Specific exclusion as cosmetic procedures for 54400 Insertion of penile prosthesis; non-inflatable (semi-rigid) gender affirmation purposes Specific exclusion as cosmetic procedures for 54401 Insertion of penile prosthesis; inflatable (self-contained) gender affirmation purposes Specific exclusion as Insertion of multi-component, inflatable penile prosthesis, cosmetic procedures for 54405 including placement of pump, cylinders, and reservoir gender affirmation purposes Specific exclusion as cosmetic procedures for 54660 Insertion of testicular prosthesis (separate procedure) gender affirmation purposes Specific exclusion as cosmetic procedures for 55175 Scrotoplasty; simple gender affirmation purposes Specific exclusion as cosmetic procedures for 55180 Scrotoplasty; complicated gender affirmation purposes Specific exclusion as Repair of brow ptosis (supraciliary, mid-forehead or cosmetic procedures for 67900 coronal approach) gender affirmation purposes Specific exclusion as cosmetic procedures for 69300 Otoplasty, protruding ear, with or without size reduction gender affirmation purposes Specific exclusion as cosmetic procedures for Unlisted procedure, external ear 69399 gender affirmation purposes Specific exclusion not medically necessary for Treatment of speech, language, voice, communication, 92507 gender affirmation purposes, and/or auditory processing disorder; individual except L0002184.

ICD-10 DIAGNOSIS CODES	
Code	Description
F64.0	Transsexualism
F64.1	Gender identity disorder in adolescence and adulthood

F64.2	Gender identity disorder in childhood
F64.8	Other gender identity disorders
F64.9	Gender identity disorder, unspecified
Z87.890	Personal history of sex reassignment

5.0 Unique Configuration/Prior Approval/Coverage Details:

- A. ASO group L0001269 please refer to plan document for benefit specific language.
- B. ASO group L000264 excludes coverage for this benefit.
- C. ASO group L002237 excludes coverage for this benefit.
- D. L0002184: Covered Persons must meet all the following for bottom and top surgery:
 - Have persistent, well-documented Gender Dysphoria manifested by clinically significant distress and by significant functional impairment. This assessment has been made via a detailed psychological assessment and documented by two mental health professionals (either psychiatrist, PhD-prepared clinical psychologist or master's level clinician who are licensed to practice independently in their state). Note: Only one assessment is required for top surgery.
 - 2. Are 18 years of age or older
 - 3. Have the capacity to make a fully informed decision and to consent for treatment.
 - 4. If significant medical or mental health concerns are present, they must be controlled.
 - Twelve continuous months of hormone therapy as appropriate to the patient's gender role (unless there is a contraindication to hormonal therapy); Hormonal therapy is NOT required prior to mastectomy in biological female-to-male patients.
 - 6. The aim of hormone therapy prior to surgery is primarily to introduce a period of reversible estrogen or testosterone suppression, before the patient undergoes irreversible surgical intervention.
 - 7. Twelve continuous months of living in a gender role that is congruent with their gender identity. Living in a gender role congruent with gender identity for 12 continuous months is NOT required prior to top surgery.
- E. L0002184: Covered Persons must meet all the following criteria for facial feminization and masculinization surgeries, chondrolaryngoplasty and facial hair removal:
 - 1. The member has persistent, well-documented gender dysphoria manifested by clinically significant distress and by significant functional impairment. This assessment has been made via a detailed psychological assessment and documented by a mental health professional (either psychiatrist, PhD prepared clinical psychologist or master's level clinician who is licensed to practice independently in their state).
 - 2. Are 18 years of age or older.
 - 3. Have the capacity to make a fully informed decision and to consent for treatment.
 - 4. If significant medical or mental health concerns are present, they must be controlled.
 - 5. Facial feminization/masculinization surgeries and chondrolaryngoplasty additionally require that members meet both of the following criteria:
 - a. Twelve continuous months of hormonal therapy (estrogen/testosterone), unless there is a medical contraindication to hormonal therapy.
 - b. Twelve continuous months of living in a gender role congruent with gender identity

6.0 Terms & Definitions:

Female-to-	Gender affirmation surgery from female to male (FTM) transsexual people includes
Male	genital surgical procedures that reshape a female body into the appearance of a male

Affirmation	body.
	Breast or chest surgery, which may include subcutaneous mastectomy and/or creation of a male chest, may also be performed. Other non-genital non-breast related surgeries include but are not limited to liposuction, lipoprofiling, pectoral implants and other masculinizing procedures.
	An individual who is genetically female but whose gender identity is male, and who assumes a male gender presentation and role is known as a transman.
Male-to- Female Affirmation	Gender affirmation surgery from male-to-female (MTF) transsexuals includes genital procedures that shape a male body into the appearance of and, to the maximum extent possible, the function of a female body.
	Breast augmentation may be considered when 12 months of hormone treatment fails to result in breast enlargement that is sufficient for the individual's comfort in the female gender role. Breast surgery, which includes augmentation mammoplasty (implants/lipofilling), is a surgical procedure that may also be performed. In addition, other non-genital, non-breast related surgeries, often considered feminization procedures, may be performed.
	An individual who is genetically male but whose gender identity is female, and who assumes a female gender presentation and role is known as a transwoman.
Preservation of Fertility	Procedures aimed at preservation of fertility (e.g., procurement, cryopreservation, and storage of sperm, oocytes and/or embryos) performed prior to gender affirmation surgery are considered not medically necessary.
Qualified Mental Health Professional	At least one of the professionals submitting a letter must have a doctoral degree (e.g., Ph.D., M.D., Ed.D., D.SC., D.S.W., or Psy.D) or a master's level degree in a clinical behavior science field (e.g., M.S.W., L.C.S.W., Nurse Practitioner [N.P], Advanced Practice Nurse [A.P.R.N.], Licensed Professional Councilor [L.P.C.], and Marriage and Family Therapist [M.F.T]) and be capable of adequately evaluating co-morbid psychiatric conditions.
World Professional Association for Transgender Health [WPATH]	A professional organization devoted to the understanding and treatment of gender identity disorders. Promotes standards of health care for individuals through the articular of "Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, Seventh Version" (WPATH, 2013). This document is widely accepted as the definitive document in the area of gender dysphoria treatment. The WPATH criteria have been adopted in several countries as the standard of care for the treatment of gender dysphoria, including hormone therapy and sex confirmation surgery.

7.0 References, Citations & Resources:

- 1. Fenway Health Transgender Health Program (THP), The Medical Care of Transgender Persons, Feb. 23, 2016. Available at: <u>http://www.lgbthealtheducation.org/publication/transgender-sod/</u>.
- Coleman, E., Radix, A. E., Bouman, W.P., Brown, G.R., de Vries, A. L. C., Deutsch, M. B., Ettner, R., Fraser, L., Goodman, M., Green, J., Hancock, A. B., Johnson, T. W., Karasic, D. H., Knudson, G. A., Leibowitz, S. F., Meyer-Bahlburg, H. F.L., Monstrey, S. J., Motmans, J., Nahata, L., ... Arcelus, J. (2022). Standards of Care for the Health of Transgender and Gender Diverse People, Version 8. International Journal of Transgender Health, 23(S1), S1-S260. <u>https://doi.org/10.1080/26895269.2022.2100644</u>
- 3. CPT® code 19303 mastectomy procedures codify by AAPC. CPT® Code 19303 Mastectomy Procedures - Codify by AAPC. (n.d.). <u>https://www.aapc.com/codes/cpt-codes/19303</u>
- Centers for Medicare & Medicaid Services Medical Coverage Database Billing and coding: Gender reassignment services for gender dysphoria. CMS.gov Centers for Medicare & Medicaid Services. (2023, November 9). <u>https://www.cms.gov/medicare-coverage-</u> database/view/article.aspx?articleid=53793

- 5. InterQual® CP: Procedures Gender Affirmation Surgery
- 6. InterQual® CP: Procedures Blepharoplasty
- 7. InterQual® CP: Procedures Panniculectomy, Abdominal

8.0 Associated Documents [For internal use only]:

Policies and Procedures (P&Ps):

- MMP-09 Benefit Determinations
- MMP-02 Transition and Continuity of Care
- UMPP-02 Peer to Peer Conversations.

Standard Operating Procedure (SOP):

- MMS-03 Algorithm for Use of Criteria for Benefit Determinations
- MMS-45 UM Nurse Review
- MMS-52 Inpatient Case Process in CCA
- MMS-53 Outpatient Case Process in CCA.

Sample Letter:

- TCS Approval Letter
- Clinically Reviewed Exclusion Letter
- Partial Approval-Partial Denial Letter
- Specific Exclusion Denial Letter
- Lack of Information Letter.

Form - Request Form:

• Out of Network/Prior Authorization.

9.0 Revision History:

Original Effective Date: 01/01/2017

Next Revision Date:

Revision Date	Reason for Revision
12/16	Policy created
2/17	Converted from Medical Policy 037 to Benefit Coverage policy (BCP) 24
11/17	Annual review, references and websites updated
7/18	Annual review: updated formatting
10/18	Annual review by QI/MRM 12/12/18. No changes.
10/19	Annual review by QI/MRM 12/11/19, references updated.
10/20	Annual review by MRM-C 09/09/2020, references to MCG removed with changeover to InterQual. Code for hair removal moved from "not covered" to covered as L0002184 has benefit coverage. ICD-10 Diagnosis Code table removed, see InterQual for codes.

Revision Date	Reason for Revision
1/22	Annual review – references updated, no changes. BCC approved the document on 02-21-2022 for an effective date of 01-01-2022
10/22	Annual review: added group L0002193, removed deleted code 19304. 19324 removed (deleted code), added InterQual criteria to references. Removed language in 5.0. Changed policy name from Gender Confirmation Surgery to Gender Affirmation Surgery. Updated confirmation surgery language to affirmation surgery. ICD-10 Diagnosis code table to remain on policy, needed for configuration. Added "ASO group L0001269 please refer to plan document for benefit specific language. ASO group L000264 excludes coverage for this benefit" to section 5.0. Included new code table specific to DAS02001 as this product does not require PA for Gender Affirming Services. Updated language in section 1.0 and 3.0 to reflect DAS02001 not requiring PA for Gender Affirming Services. Removed code: 11960, not a covered code for all diagnosis. Re-ordered the sections so that L0002184 covered code list comes before the DAS02001 code list. Noted that L0002184 code list is in "addition" to the first covered code list in the policy. Added codes 21120—21127 and 30400-30450 to non-covered code section, added these codes are Specific exclusion for cosmetic procedures except L0002184. Updated code in non- covered code section: 92507, "exclusion not medically necessary except L0002184", added code 92507 to L0002184 covered code section.
10/23	Annual review: removed comment in section 3.0 re: unlisted code 58999, added codes to table 1 and table 2, added Brow lift to section 3.0 C. specific exclusion for cosmetic procedure for Gender Affirmation. Also added Brow lift codes to non-covered code section (67900), added "**" next to Breast enlargement procedures in section 3.0 C, added #11 Fat Grafting (15770-15774) to section 3.0 C, added code to non-covered codes section, added "**" next to Nipple/areola reconstruction in section 3.0 C, numbered covered codes tables (1,2,3), added codes 58180, 58260, 58275, 58541-44, 58550, and 58553 to table 1 covered code section and to table 3, added codes 58290, 58570, 58572, 58999, added codes 11920-22, 17999, 19318, 19325, 19350, 21138-39, 21209, and 31899 to Table 2, removed 30430, 30435, and 30450 from table 2 L0002184 covered codes section, added comment to appropriate codes in Table 2 (L0002184) to see section 5.0 which lists specific criteria, added the following codes in non-covered code section (15770-15774)- cosmetic procedure, updated references, updated associated documents section 8.0.L0002184 criteria added to section 5.0 B and C, added step D. Added statement to section 1.0 and section 5.0." Added comment in table 1 that covered code list is for ALL LOB except L0002184 and DAS02001. Referenced section 5.0 as the criteria for L0002184 in table 2 and added links. Added CPT code 54125 to Table 2. 11920, 11921, 11922, 15820, 15821, 15822, 15823, 17380, 17999, 19318, 21137, 21138, 21139, 21209, 31599, 31899 added to non-covered code section for all LOB except L0002184.
	Annual review: • Updated effective date to 1/1/2025
10/24	 Updated background section Removed "ASO group L0001269 Union Only" from the Prior Approval Legend and added "N/A" as a placeholder for future product(s)
	Removed DAS02001 reference in 1.0 Policy, no longer active.
	Added comment, "This is not an all-inclusive list, check benefit plan

Revision Date	Reason for Revision
	language" to section C
	Removed "face" from # 10, Added #22 Otoplasty and #38 Rhytidectomy (face lift) to section C
	Removed DAS02001 reference in table 1
	Removed table 3 which referenced specific coverage for DAS02001
	Reformatted Table 1 and Table 2 to list codes in numerical order
	Removed one of the columns for 31599 in Table 2 (duplicate)
	 19303 removed from table 1 and table 2 (mastectomy code) and added 19318 instead- breast reduction-more appropriate for GAS
	• 19303 added to NC section- to indicate that this is not an appropriate code for gender affirmation services
	 40799 added to table 2 and non-covered code table
	Otoplasty added to NC code section: 69300, 69399
	Added 40510 and 40650 to NC code table
	Updated "Benefit Plan Reference/Reason" column in non-covered Code Table re: specific exclusion for cosmetic procedures for Gender Affirmation
	Updated language in section 5.0 C in the policy.
	Added L002237 to Section 5.0 as excluding coverage for this benefit
	Updated InterQual references
	Updated references
	Reformatted Associated Documents